# Official indoor base ball guide containing the constitution, 1919-1920

SPALDING'S	OFFICIAL	INDOOR	BASE BALL	<b>GUIDF 1919</b>	<b>3-1920</b>
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Official Indoor Base Ball Guide

Introduction

## Origin of Indoor Base Ball

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#### Hancock's Indoor Base Ball Rules

\_,''r,.,-...,:(,71~-.:,, SPALDING S OFFICIAL INDOOR BASE BALL GUIDE.? - Hancock's Indoor Base Ball Rules AS REVISED AND ADOPTED BY THE, NATIONAL INDOOR BASE BALL ASSOCIATION OF THE UNITED STATES .:i RULE I. -: The diamond is laid at one end of the hall, leaving room for the catcher, who always plays close behind the batsman. The-:::. bases (except the home plate) are I/2 feet square, made of,can- vas, half filled with sand or other similar substance. The home plate is of rubber and is one foot square. Each side of the dia-'' mond is 27 feet long, and a base is placed in each corier and- "need not be .fastened to the floor. The distance from home,-

to.'. second base, and from first to third base, is 38% feet. Tlie; -: pitcher's box is 7 x 3 feet, the nearest line of said box to be ./' 23 feet from the center of home base. The batsman's box (oe .n - to the left and one to the right of the home base) shall'be four''---' feet long and three feet wide, extending one foot in front-of and ::A: three feet behind a center line through the home base, with itf's/^ nearest side distant six inches from the home base, the outlines..sTf . to be marked on the floor. When a game is played in a large armory or other large blild-' ing the diamond may be laid out with 35 feet base lines, the frot' ,t: line of the pitcher's box to be 30 feet from the center of -Ti,.le<h home plate. All other dimensions to be the same as when usitngt;: the 27 feet base lines. RULE II. TEE E-OUL LINE. The foul lines must be drawn in straight lines from theit: corner of the honme, base, along the outer edge of. the fi'rst g< third' bases to the boundaries of the ground, so that :the;a : ashall come within the diamond.- ..

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a :;^, \* .\* I \_ ' \* ' - -! ' \*~ '-K - ` t. . . . . \* SPALDING S OFFICIAL INDOOR BASE BALL GUIDE. II LINE OF THE PITCHER'S BOX WITH BOTH FEET PRIOR TO PITCHING THE BALL, OR IF HE TAKES MORE THAN ONE STEP IN THE ACT OF DELIVERY. WHEN THE GAME IS PLAYED UNDER ARMORY RULE, AN ILLEGAL PITCH SHALL BE DECLARED IF THE PITCHER DOES NOT HEEL THE ' 18-INCH LINE. AN ILLEGAL PITCH ENTITLES ANY BASE-RUNNER OR BATSMAN TO A BASE. RULE XV. DEAD BALLS. Any pitched ball striking the batter is a dead ball, but does not entitle him to a base. If a batter intentionally gets in the:', way or interferes with any legally delivered ball a strike shall be-.; called. If it should be the third strike the batter is out, and n0o. base can be run on that ball. RULE XVI. NOT IN PLAY. In case of an illegal hit, foul hit ball not legally caught. out, - dead ball, or base-runner put out for being struck by-a fair hit.

ball, the ball shall not be considered in play until it is held -by? the pitcher standing in his box. < NOTE.-Any player other than the pitcher receiving the ball and stan..,-- :: . ing in the pitcher's position cannot put the ball in play. RULE XVII. BLOCK BALLS., R A block ball is a batted or thrown ball that is stopped or,;: handled by any person not engaged in the game. -. (a) Whenever a block occurs, base-runners may runr the base - .i' ~without being put out, until the ball has been returned. to anai!d" held by the pitcher standing in his box. - "I (b) In the case of a block; if a person not engaged4 ...ii .. - - game should retain possession of the ball, or throw or kick i, beyond the reach of the fielders, the umpire shall call 'tirt'ey , and require each base-runner to stop at the last base touched : t him until the ball be returned to the pitcher standing in 'his t Ask,.. :i~ ~~~~ -'Id~~~ :?i,!?;.

(\(^\).c) Special ground rules may be made allowing a certain num- b. 'er of bases on a fair hit into the crowd (or a thrown ball), in i. Wyhich case the above sections are void. |4. :.-. -RULE XVIII. 3,! ~ ~. 'THE SCORING OF RUNS.; ^i.::: One run shall be scored every time a base-runner, after having eilegally touched the first three bases, shall touch the home base ;:Iv:before three men are put out. If the third man is forced out, or :!: is put out before reaching first base, a run shall not be scored. RULE XIX. FAIR AND FOUL BALLS. ;,' (a) A batted ball which strikes inside or on the foul line is a- irtthe first point of contact with the floor, object or fielder SI-deciding, regardless of where it afterward rolls. ;I,(b) A batted ball first striking outside the foul line shall .+e fcwL - . s ' - . . ' . .;. - RULE XX. ::i:'. ' ' '. STRIKES. :::(a) A strike is a ball struck at by the batsman without tiuchmig his bat. g (! b';)' A-foul tip caught. . uTBE--, A foul tip is a ball hit that does not go higher than the batsman's i,: c") A good ball legally delivered by the pitcher and not struck y; t^ he batsman. m:> (WS A: good ball legally delivered by the pitcher and inten-I' al: iinterfered with, by the batsman. j^ Q(4):A strike shall be called on the first foul batted ball, pro- ^^^ F, hvowever, that no strikes have been called on the batsman I. ved.by 'Sections (a), (b), (c) and (d) above. I .^fl> ferring to Section (e) of this rule, the umpires must ascertain . e iXiKaptailns o; both teams before the start of the game, if Section (e) lutN or ced. If this is not done,

then Section (e) automatically becomes I / r'lling; :foul after one strike has'been called on the I m(' i oes: iot-,constitute a strike.' : :

-:':,,u'. - ;'a " .: :;,"' '1, '! '. ' .: ",'-" ' : ,', ' ': '... " ', ;' 4... . ,^ \*""\*, i ' ' 'i ' ' , .11 en '- WI SPALDING S OFFICIAL INDOOR BASE BALL GUIDE. r 13 RULE XXI. . ILLEGAL HITS. ::; .. : , An, illegal hit is a fair hit ball batted by the batsman when , I:....: . any part of his person is outside the lines of the batter's box. : 5-: -, NOTE.-The batsman must, when the pitcher starts his delivery, remain si ' within the confines of the batter's box under penalty of being called out;'... under this rule, for he violates same by making a fair hit when any part of;' his person, is outside of the lines of the batter's box. NOTE.-This rule is corrected to avoid confusion inasmuch as heretofore it 'f:- was headed "Foul Strikes." T"-;1 "' \ RULE XXII. '. avxi~":: t THE BATSMAN IS OUT. (a) The batsman is out if he bats out of his turn and makes ' -:' - a fair hit or reaches first base before the error is discovered. This rule shall not be enforced unless the "out" be declared : before the ball has been delivered by the pitcher to the succeedinga:: - .- ~batsman. (b) If he fails to take his position within one minute aftefi'i the umpire has called for the batsman.; (c) If he makes a foul hit and the ball be held by a fielder, before touching the ground or any wall or fixture. (d) If he makes an illegal hit, as provided in Rule XXL. '!:f!i (e) If he attempts to hinder the catcher from fielding the 'balt ' or fouls the ball intentionally, evidently without effort to :mak a fair hit. ' NOTE.-If the batter interferes with the catcher fielding his position, V; base-runners cannot advance on the play., i (f) If, while first base be occupied by the base-runner, hell:! i three strikes, except when two men are already out., (g) As per Rule XV...; '(h) If the batsman is hit by the ball on the third strike. hI shall be declared out. NOTE.-If, after the batsman has two strikes, he fouls the ball,: ian / called out. ..- - - RULE XXIII. -f BASE RUNNING..,:'!; The batsman becomes a base-runner---'. a';.-- (a)Instantly after he makes a fair hit. - I:' -:-- 'i:. (b) Instantly after three balls have been called by the:

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## Official Playground Ball Rules

RULE X. SUBSTITUTES. 'Tile base runner shall not have a substitute run for him without the consent of the captains of the contesting teams. RULE XI. CHOICE OF INNINGS. The choice of innings shall be decided upon by flipping a coin. -RULE XII. :~ ~.~, GOOD AND BAD BALLS. ;A- ball, legally delivered by the pitcher, which passes over any part '"a the home plate, not lower than the batsman's knees nor higher than: .:h:shoulders, is a good ball. Any other ball delivered to the batsman ;i;,a bad, ball, it being assumed that the batter is standing in an erect o iton, . . : ? I-',1-.' ^ RULE XIIL -":',"^ .. ' '. BALKS. .:A motion by the pitcher to deliver the ball, without his doing so, 'r holding, the ball so long as to unnecessarily delay the game, con- ;sttiUtes a balk. ;RULE XIV.. '% ' .'\*" ' . ~ ILLEGAL

BALLS.:,' taimnory to pitching, the pitcher shall take his position facing I;.:?b atsmaann, with both feet squarely on the ground and in front of ':;F.iite her's, plate, and in; the act of delivering-the ball to the bat shall -:1 one foot in contact with the pitcher's plate, as defined in Rule VI. a'EI^, S II not raise either foot until in the act of delivering the ball to r.thf\*e \*a.:t, \*nor take more than. one step in such delivery. RULE XV.;f.).;':.,:.-DEAD' BALL. i' Ay pitched ball striking the batter is a dead ball, but does not' t-.tle <him ito a;' base. If the batter intentionally gets in, the way of .^;rrfe eoes with any legally delivered ball, a strike shall be called. '.it Is ldf bthe the third strike, the batter is out,, and no base caln be t"j o:rttag ba1!L..:':'.,...'., ''.RULE XVI. i.?:'A",'', - NOT IN PLAY. sae of \$, foul strike, foul hit ball not legally caught out, dead q-e-rnulNner put out for being struck by a .fair hit ball, the. ball laivt.!t.be CobiAdejred in play until it is in the hands of the pitcher- g:;^lg.'box. - R ULE 'XVI' b;L: 1 i',:.''' "BLOCK BALLS., ball iS al batted or thrown ball that is stopped ur e handled 9X~',:i1 n ot.: engaged. in the game... I:.' v t block: occurs, --the. umpire.-. shall:decitre- it: bas.', all ': Inot be allowed to run the bases, but must sto at- the

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#### Classified Rules for Indoor Base Ball

(2) If a fair hit or foul fly is caught before touching ground, wall, or fixture. . .' (3) If in running to first, he is hit by a fair or foul fly, before . .. ball touches wall, floor, fielder or

fixture, i 1. Referring to all base runners-- - .: (1) If touched by ball when off base, provided fielder holds ball, after touching him. (Exception: See E4.) (2) If he runs out of base line three feet, except in order to avoid fielder who is fielding ball. (3) If fair or foul hit, that has been caught, is held on base r -. :::, of runner, who left before 'such ball was caught; or . if, in that case the runner is tagged out before. return- 'ing to his base. (Exception: See following AS.) i ((4) If fair hit ball touches base runner before striking fielder, wall or fixture, except when he is' on a base heb is legally entitled to., - (5') If fielder holds ball on a base not touched by -the runner, in going round, (6) If after starting too soon, he is put out in regular fashion.; o(7) Fr intentional interference with batted ball. (8 PFor intentional interference, or failure to avoid interkr- ing with fielder fielding a batted-ball. (9) For intentional interference with thrown ual. RULES OF BASE RUNNING. '(Note--Base runner is to touch each base in regular order. How rer. when obliged to return, he may do so directly . -: A. Base runner can advance (may be put out)-- -. (1) On a fair hit. . i (,2) After a fair or foul fly has, been caught, :.-; (8) After a ball not hit, has reached or passed the catcher (penalty: called back by umpire, if.not put out), r (4) On a foul tip caught. (, 5): On three strikes except according to following (C7 and C9). ";:'-'(6) If hit by ball he has just batted, rebounding from fielder, ...:- . wall, floor or fixture. (:(7) One base on a passed ball, except on. third strike or fourth .: " -, ball, when he is entitled to all he can get. :is.: (8). The instant a foul tip ball bounds off catcher, provided .... such ball is caught by, a fielder before striking floor, ::: \*<.. -' w, . wall- or fixture. " :. Base runner can advance without being put out- 1F.<); ie-.:Onee base on an illegal pitch. ^:'.2)O One base on a balk (not the batter). . :'jt,3) -'One base if, while he was batter, three balls or an illegal >i: /. :\*" pitch were called.; .(4:-); One, base if forced to vacate by succeeding batsman being, -;; awardeda base. O':::-i ,O( Qne ' base if pitcher does not give runner reasonable time ' ^ <8;:.1; -' . to return to, own base. . . (6)'\(^\). 'One base if fair hit ball strikes person or clothing of um-','..' " '.: 'i: ,'pire on fair ground. ' ' :., Q-. Onebase, li prevented from making a. base by obstruction etf At of.verary. . ' j~~~~~~~?~i

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#### **Implements of the Game**

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#### The Art of Batting

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#### How to Become a Base Runner

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### **Suggestions to Umpires**

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#### **How to Teach Girls to Play Indoor Base Ball**

-40 S - SPALDINGS -OFFICIAL INDOOR BASE BALL GUIDE. . I ^1"'.". %\*\* v ' ,"1' ' .' "'-n ' se Ba II^: :How to Teach Girls to Play Indoor Base Ball B . Y. JOSEPH CERMAK, CHICAGO.; The further we advance in teaching gymnastics the more we must' i:\*. 'recognize the importance of games in that branch of education called':' "Physical Culture." Nay,. we, hear the voices of some of the most. . "" ^' i prominent physiologists and psychologists who claim that plays are' -:....'; 'i t'e' only' ideal form ofgymnastic exercises, whereby we can .attain "' :' ?Imiarvelous agility, strength,: endurance, by which we cultivate self- . , : " '^iantrol, self-reliance, those important faculties, which only enable us . . t ';-'be successful in our strenuous struggle for existence.' ^ Admitting all this, we. naturally come to a question, what kind of --': ^ a'mes' will bring us those satisfactory results? Most decidedly those- '.^Whi~h;' the. children like best-games which arouse pleasant feeling, ' , ^i i ;4:wiih we 'play with joy, with enthusiasm-for such feeling alone is aapt,-to, stimulate the heart to; a vigorous action and drive the blood n,,id a new life through our Whole system. And my long experience as. :,';'teacher of gymnastics convinced me that of all the

games I have in , odui:, ed, girls like indoor base ball the best. . ), aclt is, .that we shall find individual girls who do not like the game, t sc h girls are, as a rule, indifferent to any kind of game, to any.. ekid of physical exercise. Everything is "too much like work" for -, , I -But ninety~ per cent of our girls, as soon as they learn the': :; ii:'i le . rudiments of, base ball, play it with the same enthusiasm at the if? ' of school year as at the beginning. It is a game which is develop-. g alo-: "our bodily powers, a game in which mind 'must be just as guick' ': b.oU:r ^body, is void of all danger of injury or strain, is a purely Amer-, . I i^i.game.. and those- are the chief reasons for which I have intro-- d i't, in obur girls' classes; and, allow me to add, with success. '.1?;: ; '-ma.in- problem a teacher encounters in introducing base ball in i ;'class-es ishow much' to teach it, so as not to waste the valuable. Eal iloftted' to. gymnastic, exercises, and also, be very careful that the . "s;, do not get tired of the game before they learn it. Trying to ex- ail '-'the points of the game at once will only bewilder girls, and; .ilould:immediately come to conclusion that they can never learn,, ^: ey come to the gymnasium for physical exercise and mental- and,:we must tax their memory. as little as possible. Best thing tae, ala, little resort to strategy, follow a simple rule of pedagogy, 'I kspek; teach the game by degrees and make them believe that V y. ~-: "the'real thing" in the first hour. It .is easy to give them ': -:-t.ugh' outline of the game at the start. They can-play without; - . " . anything about- 'balls" and "strikes," without knowing what

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## **Organization of Leagues**

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Constitution of the National Indoor Base Ball Association of the United States

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44 'SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE.; :(2) Any member holding a position in this Association, either as an Officer or a member of a committee, who shall be charged in writing by three executive officers of this Association with malfeasance in office, or with conduct prejudicial to the interest of the Association, may be suspended by the President pending an investigation of the charge. ? .;(3) Any officer or member against whom charges have been pre-ferred, as above, shall be furnished with a copy of the charge, and Challe be heard in his own defense before the Executive Committee. A;il' if found guilty of the charges preferred, may be reprimanded, iuspended for a specified time. removed from his position or expelled rom the Association. '.-, . ARTICLE V, :'i' .E' -, - cELECTIONS. '3etween the first day of March and the first day of April each year, 'i-fy regularly organized -Indoor Base Ball Club, a member of the ::ociation, shall have the right to appoint a delegate to attend a :"-t.ing which shall be duly advertised for the purpose of electing ilve members to constitute the Executive Committee. Said commit-:hall elect a President, First and Second Vice-President, Secretary, :' Treasurer. :'..! ' :: '...' ' ARTICLE VI. ^H ;- \*. . DUTIES OF OFFICEES. C;~tTON 1. (A) The President shall appoint all committees and f, 'ormbasuch other duties as pertain to his' office, or such as the Asso-I .a or Executive Committee may assign him. / fHeshall sign all necessary documents and have the casting vote, :,aee 'of~ a tie, on all questions. i 1e shall' be the sole interpreter of the playing rules during | '-i \*. 'The Vice-Presidents, in the order of their priority, shall, i? e:0tf disability of the President, perform all the duties by him :ar I y' to be performed, and in case of death, resignation or re- i!::; thew President, shall fill the office for the remainder of the ': a iPThe Treasurer shall have charge of any and all funds of The Secretary of the Association shall have custody and "t:? 3::seal of 'the Association and all official records and doeu- / fi.al:i :receive and answer 'all correspondence, issue all official ia't,.shall prepare and furnish such reports as may be called ^ .i. ' 9Eixecutive Committee. ' f.dii.er or- director of the Association desiring to resign shall hi 'i resignation. to the Executive Committee in writing. ARTICLE VII., 'XECUTIVE COMMITTEE. - . i'e~S Ih"" e::the\*duty of-the Executive Committee to carry out the .M snrpt'oses of the Association,' -, ~'7,t.. td

membership any Association 'or organization e.: Constitution. "' ' ,i#\*Snd;:the "By-Laws and Rules for the government of- the' tMb.tne07 ayvir. ruesan thPereof\_. \* " \* \* - \*

< :;;;' -: (3) To, impose and enforce penalties for any violation of the 'i 'i Constitution, By-Laws or Playing Rules of this Association. i(?::: ~ (4) By a majority vote, to remove any suspension or remit anIr:'. penalty pertaining to any person or organization. see f?:;,'^:~~ (5) By a two-thirds vote, to remove from office onseven day ?:/:.: ::written: notice, any member of the Executive Committee, who, by s:':.I:' neglect of duty or by conduct .tending to impair his usefulness as a' :,L':,ii;:i:::\*.: memiber of such. committee, shall be deemed to have forfeited hi- position. : :' i.. (6) To fill vacancies in the Executive Committee occurring Tfrom any cause., AITICLE VIIL. ......, ',' ',""' " ' NATIONAL ADVISORY BOARD. . . : : 'i ' .:-:' E : ach State shall have one or more advisory members, who si1 constitute a National Advisory Board of Directors who shall' li1'e . charge of the affairs of the Association in their respective territ-4tteO, and shall prbmote and foster 'the' game of Indoor Base Ball in 'el, ::: respective: territories, and submit in -writing an annual report to 0.T :: :;: F EFxecutive Committee covering the progress of the game, and adv: ands suggestions for the betterment of the organization or pla.l. rules;. Said members thus appointed shall be understood as 'iote: - the opinion and sentiment of said State from which he was appoin('; and such opinion or sentiment shall be given careful considerationi/ uthe': Exective Committee in :iving final decision bearing :Oi01k Any protest that cannot be handled by a local league slh\*:1 referred to tthe Advisory member in charge of the territory w shall appoint two disinterested parties to act with him s': mittee, and shall, after due notice, try the case under sueli q:i tionS as, they may prescribe and their findings shall be :a: 'a conclusive, on all parties unless an interpretation of the rules b' volved, in which case an appeal may be taken to the President: 't ii Association and his ruling shall be final. '.ARTICLE IX.. The Secretary, upon the written request of a member of U thO' tive Committee, or three members of the Association, siall any question to a vote of the, Executive Committee. - Witliif /'A, after the vote on the question he shall mail to each meibe,:4 ' Association the question adthe result of the vote. ',.., "ARTICLE X. \*-

AMENDMENTS. (.1) The, Constitution "of this Association may be altered or a i by EL three' fourths vote of the Executive Committee, jprovie4l. wt alteratio ns or amendments have been submitted in wri't!lg,'4g ' '\*with'the name, of the member proposing it. ,"- ''.', i -::' .... (2) 'Any section of this Constitution may be 'su.pemd " r .,V1oisinsmade uonapplicable by a unanimous vote o .t'i"i:

#### Rochester (Minn.) Indoor Base Ball League

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DEMONSTRATING PLAYGROUND BASE BALL IN BOLOGNA, ITAL Y.M.C.A. secretaries watched by interested Italian soldiers, -: Photo by 0. W. Methaway. From "Town and Country," New:

INDOOR BASE BALL had its origin in an armory and is, therefore, to the manner born. Transplanted to the playground, it is ideal where space is restricted or time limited. Spalding Play, ground Balls are correct in weight and shap: and have that "feel" that only a properly

\_ATHLETIC LIBRARY II IA n \*ERW YORK CICAGO SAN FRANCISCO S CcopES. 3"ss. 5HR OOKLYN BOSTON PHILADELPHIA 'LONDON, ENG. \_i!^^^^-\_: HHHHBIHmIBHIHHH -AmH^^^^\\'